Important Camp Information, What to Bring, Check-in, Camp Bank, & Directions

Please be sure to read through this entire document as there is a lot of important information to ensure camp runs smoothly and your child has a great experience.

We have received your camper's registration for the Chris Gbandi Soccer Academy Residential camp at the University of Connecticut July 8th – 11th. Please read below for important check-in/check-out info & additional information and announcements.

Check-in/Check-out
Check-in will be held **from 12:30 - 2:00pm at West Campus Residence Hall, 2016 Hillside Rd Storrs, CT 06269.** Due to road closures, it's best to enter on Gilbert Rd side.

Check-out will be held **between 10:30am – 12 noon at West Campus Residence Hall.**

Parking: Please see included map on the area where you may park during check-in. Please note that parking in these areas will only be available during the below times:

Wednesday, July 8 12:30 pm – 2:30pm

Parking in these areas outside of the above times on Wednesday, July 8 may result in a parking ticket. Parents – if you plan on arriving before these times or staying after these times, please park in the South Parking Garage adjacent to the UConn Bookstore. This garage is paid and instructions on how to pay are posted in the garage entrance.

On Saturday, July 11, you may park in any surface lot around the Residence Halls including Lot Y & Z from check in. No ticketing will happen on Saturday.

Roommates & Room assignments
At this point in time, we will no longer be taking roommate requests. Names and roommate preferences (based on registration details we have received) have been submitted to the housing department. Room assignments will be given during check-in. Rooms accommodate 2 campers.

Dorm Move-out & Checkout-July 11th
Checkout will begin at 10:30am on Saturday. Check-out will be held at West Residence Halls and will be staggered. Another email will be sent prior to check out with check out procedure & specific check out times for your camper's group.

Additional Camp Info
The first camp meal is dinner on Wednesday July 8th evening, so please remember, to have lunch before you get to check-in. Residential campers will receive breakfast, lunch, and dinner, Thursday & Friday, and breakfast on Saturday. **Camp Itinerary will be posted outside the dorms each day.**

If you need to drop off any items during camp, please arrange with Crystal by phone/text at 843-437-6703.

Medical Form

Any camper that has an injury or medical condition that our trainers/nurse should be made aware of, an allergy, needs to bring an Epipen, inhaler, and any medications needs to complete the medical form provided in the previous email if you haven't already previously provided it to us. You will be able to speak with the trainers/nurse directly at check-in. There is a possibility we may need to reach out to anyone who needs an individual care plan per state camp licensing requirements. Our staff/camp nurse will reach out to those individuals prior to camp.

Hydration

The week is expected to be hot so we wanted to make sure that everyone starts to hydrate soon. The hydration process should begin 48 hours in advance of the camp and should be kept up with each day. In order for each player to get the most out of camp they should consume at least 64 ounces of water throughout the day and if you can handle more than the 64 ounces even better that should be a minimum, and as mentioned above, it should be consumed throughout the day, not quick large amounts, but slow consistent amounts. *We will also have plenty of water and ice on hand on all the fields.*

Camp Banks

In addition, please remember that you can set up a camp bank for your child at check-in, so that they can purchase items in the camp store throughout the camp during the day and in the evenings, including snacks /drinks/ gear etc. Campers will also have an option to purchase a post-match meal after the last session which will be pizza (exploring other options as well). Since we do not want any non-camp personnel around campers for safety reasons, we will not allow campers to order through food delivery services, i.e DoorDash, GrubHub, UberEats, etc. Please bring **CASH** to put into your child's camp bank, so that we are able to return everyone's camp bank balances at the end of the week in **cash**. Having a camp bank helps prevent any money from being lost or stolen. Any unused camp bank money can be picked up at checkout. **We highly recommend setting up a camp bank for your child.** Most parents put anywhere from $30-$100 in their camper's camp bank.

Campers Driving Themselves

Please let us know ASAP if your camper is driving themselves to camp. We will require your camper to surrender their car keys at check in and they will be returned upon check out. Additional info will be sent on where your camper may park during camp and the additional cost to park.

Key Deposit

Upon check in, we will require a key deposit in case it is lost. The deposit fee is $100 for the key. The deposit may be provided in form of a check or cash. If writing a check, please have it made out to Chris Gbandi Soccer Academy.

At check-out, the deposit will be returned once the room key has been turned in.

Room Damage

On the last day your child's room will be inspected by their coach, if there is damage, you have already

provided authorization in your online registration to have a damage fee of $60 charged to your account on file.

What to Bring/Pack

- Soccer Ball
- Shin Guards
- Cleats (preferable those that are broken in to avoid blisters)
- Extra Jerseys, shorts, t-shirts & soccer socks. (Plan for 9 sessions/matches during the camp)
- Bring sneakers and/or sandals
- Bug Spray & Sun Screen
- Athletic tape & wraps if you need them (a trainer will be at camp and can assist, but you will need to provide tape & material)
- Bring your own water bottle/jug (one that keeps water cold) Water refills will be available at the fields
- Residential Campers: must bring all personal belongings, towels, toiletries, bedding, pillows, blankets etc. Beds are XL twins.
- Residential Campers: fan as the rooms are not air conditioned.
- A backpack to hold all your camp gear to take to and from the field and Residence Hall
- Money for the camp store
- Deposit for room key
- A cell phone (keep in mind cell phones need to be kept in a backpack and cannot be used during training sessions, any lost or damage cell phones is not the responsibility of the camp)
- If your camper does not have a cell phone, we also recommend bringing a battery operated alarm clock to set an alarm for the morning.

We are really looking forward to working with everyone next week, and we will see you on July 8th!

Chris Gbandi and the Entire Camp Staff

If you have any additional questions, you may reach out to Crystal at 843.437.6703 or at camps@chrisgbandisoccer.com